



**MQF/EQF Level 4 Pre-Tertiary  
Certificate in Health and Social Care**

# Managing Challenging Behaviour

At the end of the module/unit the learner will have acquired the responsibility and autonomy to:

- Deal with individuals displaying behaviour that challenges
  - Comply with all the relevant policies and procedures
  - Intervene and diffuse conflicts
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# Dementia Care and Awareness

At the end of the module/unit the learner will have acquired the responsibility and autonomy to:

- Identify the symptoms, causes, effects and type of dementia
  - Describe the various medications available, their side effects and explore additional support therapies
  - Adopt personalized techniques daily when supporting individuals with dementia
  - Treat the individual with dignity, respect and sensitivity ensuring that the individual feel valued to enhance their self confidence
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# Nutrition for Senior Citizens

At the end of the module/unit the learner will have acquired the responsibility and autonomy to:

- Ensure that aging patients under their care are exposed to a healthy balanced diet suitable for their own personal needs

- Supervise and monitor the person in care closely to be able to pinpoint any signs or symptoms of malnutrition
  - Perform nutritional screening and record the nutritional status of the patient in care
  - Advise the patient for a more detailed nutritional assessment
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## Food Safety and Hygiene

At the end of the module/unit the learner will have acquired the responsibility and autonomy to:

- Store, prepare, cook, and serve food safely
  - Identify microbiological, physical, chemical, and allergenic hazards and control practice to prevent food contamination
  - Maintain personal hygiene and refrain to show up for work if unwell
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## Working in a Safe and Healthy Environment

At the end of the module/unit the learner will have acquired the responsibility and autonomy to:

- Be responsible and perform their work responsibilities in a safe environment
  - Ensure the safety of their own and that of the people with whom they work
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# Prevention and Control of Infectious Diseases

At the end of the module/unit the learner will have acquired the responsibility and autonomy to:

- Collaborate with colleagues to demonstrate teamwork skills reflective of the interprofessional working relationships found within healthcare and community care settings
  - Deal with and control an outbreak of infections and disease within community care and healthcare settings
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# Palliative and End of Life Care

At the end of the module/unit the learner will have acquired the responsibility and autonomy to:

- Care and provide support to patients approaching their end of lives
  - Assist individuals following bereavement
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# Moving and Handling Patients with Care

At the end of the module/unit the learner will have acquired the responsibility and autonomy to:

- Safely move patients with or without the use of specialist equipment and prevent the risk of injuries
- Assess environments and areas for risks to the safety of the patient and the health care professional

# The Role of The Care Worker

At the end of the module/unit the learner will have acquired the responsibility and autonomy to:

- Support and assist clients with social and physical activities in safe, competent, and organised manner
  - Promote and maintain the physical, emotional, cognitive, and social wellbeing of clients
  - Avoid and respond to medical emergencies
  - Perform and demonstrate the care provider role in a reflective, responsible, accountable, and professional/ethical manner
  - To work effectively and efficiently in a team
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# Safeguarding Vulnerable Adults

At the end of the module/unit the learner will have acquired the responsibility and autonomy to:

- Prevent and reduce the risk of neglect or abuse to adults having care and support needs
  - Report any suspected abuse or neglect to the appropriate authority
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# The Person-Centred Care Approach

At the end of the module/unit the learner will have acquired the responsibility and autonomy to:

- Ensure that all the care services provided evolve around the needs and wants of the individual
- Collaborate with other team members to carry out shared decision making
- Comply with the legislation and regulations related to person-centred care, particularly the Health Care Profession Act